

# COMMUNITY CARE SERVICES PROGRAM SUMMARY ANNUAL REPORT

## CCSP SFY 2010

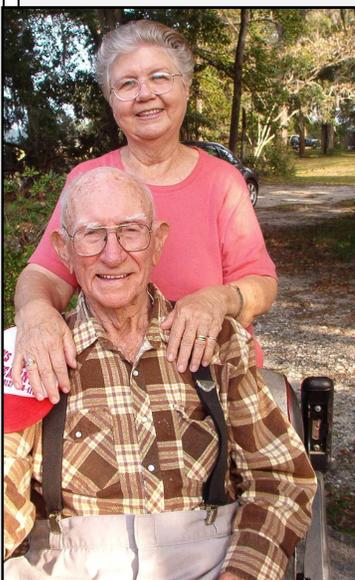
The CCSP provides consumers the long term care option of community-based services. Consumers who qualify for nursing facility (NF) level of care, and are Medicaid eligible, may choose to receive service in the community, instead of institutionalization.

It is estimated that between 1990 and 2010 the number of people over the age of 60 increased by 62.5% in Georgia. Those 85 years+ are by far the fastest growing age group; by 2010 their numbers are expected to increase by 114.6%. Growth projections for seniors suggest that there will be greater demand for an array of cost-effective home and community-based services and long-term care resources.

### CCSP - Demonstrated Quality Performance:

- ❖ *Cost savings to the state*
- Improved Consumer Quality of Life*
- Measurable program value*

<p><b>Personal choice &amp; consumer independence</b></p> <ul style="list-style-type: none"> <li>➤ Community-based services</li> <li>➤ Supports individual independence</li> <li>➤ Improves consumer quality of life</li> <li>➤ Supplements family responsibility</li> <li>➤ Supports family/ informal caregiver</li> </ul>	<ul style="list-style-type: none"> <li>▪ Served 12,762 consumers who live independently in their home and/or community; 73% are female and 47% are non-White</li> <li>▪ 92% of eligible consumers chose CCSP</li> <li>▪ Consumer satisfaction with CCSP services averaged 99%</li> <li>▪ Consumer satisfaction with CCSP care coordination was 95%</li> <li>▪ 92% of clients report that the CCSP care coordinator assisted them in having a better quality of life</li> </ul>
<p><b>Cost-effective</b></p> <ul style="list-style-type: none"> <li>➤ For eligible consumers, CCSP is less costly than Medicaid in a nursing home</li> <li>➤ Savings to state budget &amp; taxpayers</li> <li>➤ Alternative Medicaid long term care option to nursing facility placement</li> </ul>	<ul style="list-style-type: none"> <li>▪ CCSP Medicaid consumer expenditure averages 30% of what it would cost for these consumers to be in a Medicaid nursing facility - <b>a \$19,917 per consumer taxpayer savings, or, \$254,180,754 statewide</b></li> <li>▪ CCSP care coordination cost per consumer was \$1,793</li> <li>▪ Cost to administer CCSP is only 1% of the total CCSP Administrative budget</li> <li>▪ 64% of consumers contribute to the cost of their services, with 1% paying the entire cost</li> </ul>



*“CCSP has helped my mother to be able to stay out of the nursing home. My brothers and I considered sending her to the nursing home until we were informed about CCSP.”*

Daughter caregiver of Female consumer age 76 receiving ERS, PSS  
Newnan, Southern Crescent AAA

*“I am very happy living at the alternative living services home. The staff is very helpful and the residents are nice. Here I can still do some things for myself. I can get help when I need it at any time.”*

Female consumer age 89 receiving ALS  
Cordele, River Valley AAA

*“Your program has improved my wife’s quality of life 90%. Prior to my discovering CCSP, I was hit or miss being the only caregiver. Your program has benefited me. I have some free time to take care of myself mentally and physically so I can better care for her. CCSP has given my wife a better attitude towards wellness. She was despondent and depressed before we found CCSP. The adult day health program and the aide have increased her morale and attitude. The program has been an asset to us both.”*

Husband caregiver age 77 of Female consumer age 75 receiving PSS, ADH  
Loganville, Northeast GA AAA

<p><b>Community-based long term care option</b></p> <ul style="list-style-type: none"> <li>➤ Assures least restrictive living environment suitable to needs of eligible consumer</li> </ul> <p><b>One-stop access to local information, referral &amp; services</b></p> <ul style="list-style-type: none"> <li>➤ Gateway/Aging &amp; Disability Resource Connection (ADRC) statewide database</li> <li>➤ Aging Network: 12 Area Agencies on Aging, care coordination, and, 457 service provider agencies</li> </ul>	<ul style="list-style-type: none"> <li>▪ 28 years of successful community-based program services and care coordination delivery</li> <li>▪ Services effectively delay or prevent consumer institutionalization an average of over 4 additional years (48 months)</li> <li>▪ 159 consumers admitted to CCSP from nursing facilities; 61 nursing facility residents enrolled in Money Follows the Person, and transitioned with support services into the CCSP</li> <li>▪ 92% of eligible consumers choose the CCSP over more expensive nursing facility care</li> <li>▪ 49% of consumers are over age 75. Clients younger than age 60 have increased from 17% to 22% since SFY 2000</li> <li>▪ Aging and Disability Resource Connection for community information, assistance &amp; referral to services and consumer programs</li> </ul>
<p><b>Comprehensive care coordination planning &amp; development</b></p> <ul style="list-style-type: none"> <li>➤ Preventive and supportive</li> <li>➤ Initiates brokering, delivery &amp; monitoring of services</li> <li>➤ Collaborates with consumer to establish social, health and support services</li> <li>➤ Monitors provider and care coordination agencies compliance with program policies and procedures</li> <li>➤ Conducts ongoing training of program staff and agencies</li> </ul>	<ul style="list-style-type: none"> <li>▪ Consumer freedom of choice between community services and institutional care, and between service provider agencies</li> <li>▪ Consumer focus and individualized Plan of Care</li> <li>▪ Critical Incident Review monitors serious injury, falls &amp; abuse, neglect and exploitation data on CCSP clients and implements statewide intervention recommendations for safety and independence</li> <li>▪ Development and delivery of services by provider agencies in the home and/or community</li> </ul> 
<p><b>Encourages innovative program collaboration</b></p> <ul style="list-style-type: none"> <li>➤ State, university, corporate and non-profit community partners</li> <li>➤ Quality management strategy and systematic review of <i>Waiver Assurances</i> performance</li> <li>➤ Program deliverables based on measures, targets and continuous quality improvement</li> <li>➤ Statewide service provider agencies training</li> <li>➤ Preventive and supportive policies &amp; standards for delivery of consumer focused quality services</li> </ul>	<ul style="list-style-type: none"> <li>▪ Statewide database of community services and resources</li> <li>▪ CCSP supports economic development in Georgia, partnering with 457 public and private licensed, enrolled service businesses and health-related agencies</li> <li>▪ Consumer Directed - Personal Support Services option promotes consumer choice and independence. It provides the opportunity to hire and manage personal care with consumer-hired employees.</li> </ul>
<p><i><b>“My son requires total care, and I have cared for him for 36 years alone without any family support. I am very grateful he was admitted to the CCSP. With the services, I can take time for myself and my health. It is a wonderful relief.”</b></i></p> <p style="text-align: right;">Mother caregiver age 60 of Male consumer age 38 receiving PSS, PSSX Meigs, SOWEGA AAA</p>	



*“I am very grateful for the help that I get to help care for my husband. The aide does the things that I am not able to do to care for him. I cannot get him into the shower, but the aide can. The shower makes him feel so much better. It gives me a chance to get away and have some time for myself. It is hard having to stay in the house 24 hours a day 7 days a week. I look forward to the one day a week I can get out. The meals help by giving me a break from cooking 3 meals a day, and my husband enjoys them.”*

Caregiver wife of husband age 76  
Blackshear, Southern GA AAA

▪ Decreasing Depression in Community Elders

The Georgia Coalition on Older Adults and Mental Health (GCOAMH), a collaboration of public and private partners, focuses on mental health issues and service needs for older adults. CCSP care coordinators are trained to identify, assess, and refer consumers with depression for treatment.

▪ Aging & Disability Resource Connection (ADRC)

Provides information, resource and referral assistance to aging consumers, those with disabilities, to caregivers and families. It is estimated that 60% of the 2 million people living with developmental disabilities in the U.S. live with a family care giver. Twenty-five percent of these caregivers are over age 60.<sup>1</sup>

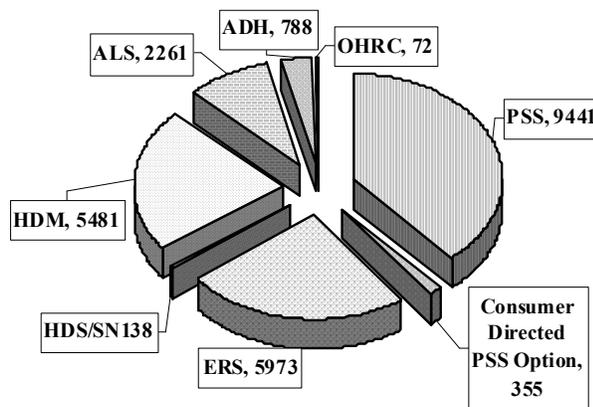
In SFY 2010 61,000 caregivers contacted an ADRC. As care givers age and consumers with a disability live longer, there will be increasing need for caregiver support in the community.

▪ Nursing Facility to Community Transition & Money Follows the Person (MFP)

In SFY 2010 the CCSP admitted 159 eligible consumers from nursing facilities. Additionally, 61 consumers were enrolled from nursing facilities and supported through MFP in their transition into the community. Over the period of the grant, ending in SFY 2016, the MFP targets transitioning 375 elderly and/or disabled consumers from nursing facilities to the community, realizing potential savings to GA taxpayers in excess of 6 million dollars a year in long term care costs.

**CCSP SERVICES - SFY 2010**

- Adult Day Health (ADH)
- Alternative Living Services (ALS)
- Consumer Direction PSS option (CD-PSS)
- Emergency Response Services (ERS)
- Home Delivered Meals (HDM)
- Home Delivered Services (HDS)/ Skilled Nursing (SN)
- Personal Support Services (PSS)
- Out-of-Home Respite Care (OHRC)



Note: Consumers may utilize more than one service

## CCSP SERVICES, cont'd

- 74% of CCSP consumers used Personal Support Services, which accounted for 70% of total CCSP expenditures
- 43% of CCSP consumers utilize Home Delivered Meals
- 47% of CCSP consumers used Emergency Response Services
- Alternative Living Services ranked second in expenditures, accounting for 12% of CCSP Medicaid provider services costs

*“I’m almost 102 years old and without CCSP services I would be in the nursing home for sure. The aides help out so much and everybody is absolutely great.”*

Female consumer **age 101** receiving PSS, PSSX, HDM  
Nicholls, Southern GA AAA



**Call toll free statewide # 1-866-55-AGING**  
**Gateway/ADRC**  
**local & statewide information, resources & referral**

***CCSP Statewide SFY 2010 Annual Report Summary***  
**DHS Division of Aging website**  
**<http://aging.dhr.georgia.gov>**



<sup>1</sup> The State of the State in Developmental Disabilities, Braddock, Hemp, Rizzolo, 2008

<sup>2</sup> CCSP 5-Year Waiver Renewal Statewide Data Collection & Analysis Report, GA Health Policy Center, GSU, FY 08

**Community Care Services Program (CCSP)**  
**SFY 2010**