

Bridging the Gap

Many older adults and adults with disabilities may need assistance but not be aware of how to access services. You can bridge the gap between these adults and the services that can assist them.

Be the eyes and ears in your community.

What to Look for:

Personal Appearance

- Does the person appear unkempt or unclean?
- Has there been a change in their grooming habits?

Condition of the Home

- Is the home in poor repair?
- Does the home seem unsafe?
- Are there strong odors coming from the home?
- Have newspapers or pieces of mail started to pile up?

Mental State

- Is the person confused or disoriented?
- Do they appear forgetful?

Emotional State

- Does the person make statements like, "I don't care anymore"?
- Does the person complain of not eating or sleeping?
- Does the person appear anxious? Sad? Angry or hostile?

Physical State

- Does the person have difficulty caring for themselves?
- Does the person fall frequently?

You Can Make a Difference!

Your referral can help bridge the gap between those in need and available services.

If you observe situations like those described above or have other concerns about an older adult or adult with a disability, contact the Aging and Disability Resource Connection.



1-866-552-4464